



You love the wind on your face
You love the sun on your skin.
You love the earth in your hands

You want to reduce your impact on the places you love

Six friendly, practical meetings to help you halve your carbon footprint

“One of the 20 most promising solutions to climate change”

theguardian

<http://www.flickr.com/photos/bods/4880588175/> - haweswater image

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New group starting in Leeds

- Wednesday evenings 7pm to 9pm
- February 12th and 26th, March 12th and 26th 2014
- April 9th and a final session to be negotiated with group
- Ebor Court, Skinner Street, Leeds, LS1 4ND
- Central venue with Car Parking

Interested?

Contact Tony Herrmann
Leedsconversations@gmail.com

See more details see overleaf

Carbon Conversations explores the complexities of moving towards a more sustainable, low-carbon society.

The moment you start talking about climate change, feelings, fears and dilemmas come tumbling out. People know there's a problem. But it's hard to face and hard to know what to do. It's also very hard to change lifetime habits and behaviours. Carbon Conversations groups help people face their complicated reactions, take the practical steps that make a difference, and help them feel better.

Carbon Conversations Groups

offer a supportive group experience that helps people halve their personal carbon footprint. They deal with the difficulties of change by connecting to values, emotions and identity. The groups are based on a psychological understanding of how people change.

Most participants reduce their CO2 emissions by 1 tonne immediately and make plans for long-term reductions, often halving their carbon footprints.

➤ Is this for you?

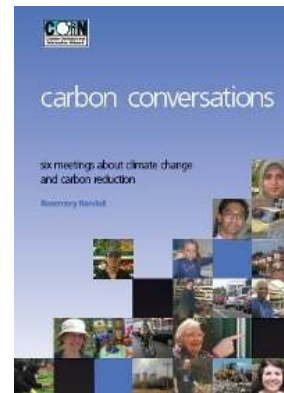
Carbon Conversations are aimed at people who would like to make changes in their lives to reduce their carbon footprint, and would find the support of a facilitated friendly group of like-minded people helpful.

➤ When is it?

There will be 6 sessions starting February 12th.
7:00 to 9:00pm on Wednesday evenings every fortnight.
(The last 2 session dates will be negotiated with the group to avoid holiday commitments)

➤ Does it cost?

You only pay £20 for a copy of the Carbon Conversation Handbook



The course will be facilitated by Tony Herrmann and Cath Muller who are accredited as Carbon Conversations facilitators by The Surefoot Effect

For more information contact leedsconversations@gmail.com
0113 373 1751

Or see <http://www.carbonconversations.org/>



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Carbon Conversations is managed by The Surefoot Effect

